

Information about the City of the Sun 5K Virtual Run

November 8, 2020

- ❖ Race Results may be recorded from November 1 – November 8.
- ❖ Should you decide to run at the site start point is in far end of parking lot, south of the Interpretive Center.
- ❖ Restrooms are available inside the Interpretive Center if it is open. We ask that you make sure your shoes are free of mud before entering the building.
- ❖ All trail markings will be to your **right** as you travel. These will be flags, paint, cones and stakes.
- ❖ **Remember, this is a trail and the surface is uneven and may be wet or muddy.** Keep your eyes focused on the ground in front of you – roughly 5 feet, only glancing up for orientation.
- ❖ There are no emergency services on the site, if there is an emergency, please call 911.

Enjoy your run through this prehistoric mound site or wherever you choose!

And thank you for your support!

Alie Morgan 618-344-7316